A Life Well Lived

It is not possible to decide in the beginning
If the life will be well lived
Until we have lived and practiced what Socrates said,
“An unexamined life is not worth living.”
We have to be willing to accept our failures
So we can rejoice in our successes at the end of the future!
The “Golden mean,” as taught by Aristotle
Is a difficult concept and does not suggest applauding mediocrity
But to find a happy path through moderation
Success doesn’t mean conquest of failures but a stage of self satisfaction
To understand that by playing defense we can’t score goals
To follow the middle path, take risks but avoid extremes.
A life full of gratitude and to know success through detached action
A goal without thinking of rewards, or praise or fear of failures as the destination
Avoiding self-adulation and to have a faithful heart, full of love
To uplift those that were afraid to ask
To include all those who were excluded in the past
To have believed in Deuteronomy 30:9 and Matthew 5:16 as our mast.
Deuteronomy 30:9–The Lord will make you abundantly prosperous.
Matthew 5:16–Let your light shine before others to the glory of Father.

This poem is dedicated to the memory of Dr. Merwyn Bagan.